

# [First Name Last Name]

[City, State] | [email@example.com] | [(555) 555-5555] | [LinkedIn URL or Portfolio]

## PROFESSIONAL SUMMARY

Licensed [Massage Therapist] with [X]+ years of experience delivering therapeutic, deep tissue, and relaxation treatments in spa and clinical settings. Skilled in creating personalized treatment plans, building long-term client relationships, and supporting pain management and stress reduction goals. Adept at maintaining a calm, professional environment while managing a full schedule and detailed client documentation. Committed to evidence-informed bodywork, client education, and high standards of hygiene and safety.

## PROFESSIONAL EXPERIENCE

### [Lead Massage Therapist] | [Serenity Wellness Spa]

[City, State] | [Month Year] – Present

- Deliver [X–Y] customized massage sessions per week, integrating [Swedish], [deep tissue], and [trigger point] techniques to support relaxation, pain relief, and improved mobility for a diverse client base.
- Conduct thorough intake consultations and document SOAP notes in [Practice Management Software] to track client progress, contraindications, and treatment outcomes while ensuring compliance with state regulations.
- Collaborate with [chiropractors/physical therapists/other practitioners] to align treatment plans, resulting in improved client retention and increased referrals for therapeutic massage services.

### [Massage Therapist] | [Harmony Health & Spa]

[City, State] | [Month Year] – [Month Year]

- Provided a range of services including [Swedish massage], [prenatal massage], and [hot stone therapy], maintaining consistent client satisfaction scores of [X%+] based on post-session feedback surveys.
- Educated clients on self-care strategies, stretching routines, and posture awareness, helping reduce recurring tension complaints and supporting long-term wellness goals.
- Maintained treatment rooms, equipment, and linens to exceed health and safety standards, contributing to consistently positive spa inspections and client reviews.

## EDUCATION & LICENSURE

### [Diploma in Massage Therapy] | [Name of Massage School]

[City, State] | [Month Year] – [Month Year]

- Completed [X] hours of training in anatomy, physiology, pathology, kinesiology, and a variety of massage modalities including [Swedish], [deep tissue], and [sports massage].
- Participated in supervised clinical practicum providing massage sessions to the public, receiving positive evaluations on technique, professionalism, and client communication.

### [State Massage Therapy License] | [License Number]

[State] | Expires: [Month Year]

- Licensed to practice massage therapy in [State], maintaining compliance with all continuing education and ethical standards.

## SKILLS

### Technical & Clinical Skills

- Massage Modalities:** [Swedish], [Deep Tissue], [Trigger Point], [Myofascial Release], [Prenatal], [Sports Massage], [Hot Stone] (as applicable)
- Anatomy & Assessment:** [Musculoskeletal anatomy], [range-of-motion assessment], [postural observation], [contraindication screening]

- **Treatment Planning:** Customized session planning, progressive treatment strategies, client goal setting, documentation with [SOAP notes]
- **Clinical Tools & Environment:** Proper draping, bolstering, ergonomics, hygiene protocols, equipment sanitation, [Practice Management Software] scheduling and charting

### **Interpersonal & Professional Skills**

- **Client Care:** Empathetic communication, active listening, trauma-informed approach, maintaining professional boundaries
- **Collaboration:** Working with spa teams and healthcare providers, coordinating care, supporting wellness programs
- **Time Management:** Managing back-to-back appointments, efficient room turnover, reliable schedule adherence
- **Business Awareness:** Client retention, rebooking strategies, product/service recommendations aligned with client needs

## **SELECTED PROJECTS & INITIATIVES**

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### **[Workplace Wellness Massage Program] | [Local Business or Community Organization]**

[City, State] | [Month Year]

- Designed and delivered on-site chair massage sessions for employees, focusing on neck, shoulder, and lower back tension related to prolonged desk work.
- Created brief educational materials on stretching and ergonomic best practices, supporting reduced discomfort and improved awareness of body mechanics.

### **[Community Outreach & Volunteer Massage] | [Health Fair / Charity Event]**

[City, State] | [Month Year]

- Provided complimentary short sessions to community members at a local wellness or charity event, introducing new clients to therapeutic massage benefits.
- Collaborated with event organizers to maintain safe, efficient session flow and uphold professional standards in a high-traffic environment.