

# [First Last Name], [RD / RDN]

[City, State] | [email@example.com] | [(555) 555-5555]

## PROFESSIONAL SUMMARY

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[Registered Dietitian Nutritionist] with [X+] years of experience delivering evidence-based medical nutrition therapy in [clinical / outpatient / community] settings. Skilled in developing individualized nutrition care plans, conducting comprehensive assessments, and collaborating within interdisciplinary teams to improve patient outcomes. Proven ability to translate complex nutrition science into practical, culturally sensitive guidance that drives measurable improvements in [biomarkers, weight management, and chronic disease indicators]. Dedicated to [patient education, preventive health, and continuous quality improvement].

## EXPERIENCE

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### [Clinical Dietitian] | [Regional Medical Center]

[Month YYYY] – Present | [City, State]

- Conducts comprehensive nutrition assessments for an average of [12–15] inpatients per day using [NCP, EMR system such as Epic/Cerner], resulting in [improved documentation compliance] and timely initiation of medical nutrition therapy.
- Develops and implements individualized care plans for patients with [diabetes, renal disease, heart failure, and malnutrition], achieving documented improvements in [A1C levels, weight stabilization, and nutrition-focused physical findings] within [30–90 days].
- Collaborates with [physicians, nurses, pharmacists, and speech therapists] on interdisciplinary rounds to adjust enteral/parenteral nutrition regimens, reducing [tube-feeding interruptions] and [feeding-related complications] by [X%] over a [12-month] period.

### [Outpatient Dietitian / Nutrition Counselor] | [Community Health Clinic]

[Month YYYY] – [Month YYYY] | [City, State]

- Delivered one-on-one nutrition counseling to a panel of [~25] patients per week for [weight management, prediabetes, hypertension, and hyperlipidemia], using [motivational interviewing] to increase patient engagement and adherence to care plans.
- Designed and facilitated [group education classes] on topics such as [label reading, meal planning on a budget, and culturally relevant healthy cooking], leading to an average [X-point] increase in participant nutrition knowledge scores on pre/post surveys.
- Tracked outcomes using [EHR templates and standardized screening tools], demonstrating [X%] of patients achieved clinically significant improvements in [BMI, blood pressure, or lipid profiles] within [6 months] of enrollment in the nutrition program.

## EDUCATION

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### [Master of Science in Nutrition / Dietetics] | [University Name]

[Month YYYY] – [Month YYYY] | [City, State]

- Completed [ACEND]-accredited coordinated program / dietetic internship with [X] supervised practice hours in [clinical, foodservice management, and community nutrition] settings.
- Relevant coursework: [Advanced Medical Nutrition Therapy, Nutritional Biochemistry, Research Methods, Community Nutrition, Lifecycle Nutrition].

### [Bachelor of Science in Dietetics / Nutrition] | [University Name]

[Month YYYY] – [Month YYYY] | [City, State]

- Accredited by [ACEND] and met all didactic requirements for dietetics practice.

- Honors/Activities: [Dean's List, Nutrition Club Member, Peer Health Educator, Undergraduate Research Assistant in Nutrition Lab].

## SKILLS

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**Clinical & Technical:** [Medical Nutrition Therapy (MNT)], [Nutrition Care Process (NCP)], [Nutrition-focused physical exam], [Enteral & parenteral nutrition], [EMR systems (e.g., Epic, Cerner)], [Nutrition analysis software (e.g., NutriBase, Food Processor)], [Anthropometric assessment].

**Counseling & Education:** [Motivational interviewing], [Behavior change strategies], [Individual and group education], [Culturally competent counseling], [Health literacy adaptation], [Curriculum and handout development].

**Professional & Interpersonal:** [Interdisciplinary teamwork], [Time management in high-volume settings], [Documentation accuracy], [Quality improvement participation], [Public speaking], [Empathy and active listening].

## PROJECTS

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### [Malnutrition Screening & Intervention Quality Improvement Project] | [Regional Medical Center]

[Month YYYY] – [Month YYYY]

- Led a QI initiative to standardize use of a [validated malnutrition screening tool] on admission, collaborating with nursing staff to refine workflows and documentation processes.
- Developed concise training materials and in-service sessions for [nurses and dietetic technicians], increasing on-time screening completion from [X% to Y%] within [6 months].
- Analyzed pre- and post-implementation data using [Excel / EHR reports], demonstrating a reduction in [missed high-risk referrals] and improved timeliness of MNT initiation.

### [Community Nutrition Education Series] | [Community Health Organization]

[Month YYYY] – [Month YYYY]

- Designed a [6-week] evidence-based nutrition workshop series targeting [adults with prediabetes and obesity] in an underserved community setting.
- Created culturally relevant lesson plans, recipes, and visual aids aligned with [USDA Dietary Guidelines] and [American Diabetes Association] recommendations.
- Collected participant feedback and tracked simple biometric indicators, showing [X%] reported increased confidence in meal planning and [Y%] reported adopting at least [one] sustained dietary change after program completion.